

## Religious Education timetable Year 3-6 2019-2020

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 3	Buddhism 1 The Buddha	Peace Unit 2	Christianity 5 The bible	Sikhism 1 Sikh beliefs	Sikhism 1 Sikh beliefs	Hinduism 3 God and Beliefs
Year 4	Judaism 1 Shabbat- a day of rest	Judaism 2 Festivals in Jewish Life	Christianity Local Christian places of worship 6	Christianity Christian Celebrations	Sikhism The Gurdwara and The Guru Granth Sahib	Buddhism 2 Living as a Buddhist
Year 5	Islam 3 Ramadan and Id ul Fltr	Islam 4 Hajj and Id ul Adha	Hinduism 4 Pilgrimage	Christianity Jesus Human and divine	Sikhism 4 Belonging to the Sikh community	Christianity Leading a Christian Life
Year 6	Buddhism 3 Following the Buddha's teaching	Judaism 3 Abraham	Buddhism The Buddhist community worldwide	The journey of Life and Death Christianity	Judaism 4 Prayer and worship	Understanding faiths and beliefs in Lewisham

	Autumn 1	Autumn 2
Year 3	<p><b>The Buddha</b></p> <ul style="list-style-type: none"> <li>• The Buddha's life and search for truth.</li> <li>• The Buddha means the 'awakened one'.</li> <li>• He was a human being who 'woke up' from the 'sleep of confusion'. This is like awakening from a dream and becoming perfectly aware of the truth. The Buddha became free of suffering and was able to help others to 'awaken themselves'.</li> </ul> <p><b>Teachings of the Buddha</b></p> <ul style="list-style-type: none"> <li>• The Four Noble Truths. People should work at becoming kind, compassionate, generous, truthful and patient.</li> <li>• People should try not to hurt any living thing, take things that are not given and try to be honest and straightforward.</li> <li>• Story of Siddhartha and the Swan.</li> </ul>	<p><b>Peace Unit</b></p> <p><b>Christian ways of life:</b></p> <ul style="list-style-type: none"> <li>• Christians respond to personal and social issues, locally and globally, in a number of ways and can draw inspiration from other Christians, e.g. Martin Luther King.</li> </ul> <p><b>The Bible:</b></p> <ul style="list-style-type: none"> <li>• Sermon on the Mount.</li> </ul> <p><b>The Church:</b></p> <ul style="list-style-type: none"> <li>• Worship includes the use of stillness and silence for reflection.</li> </ul> <p><b>Christmas (Extra Focus)</b></p> <p>How Christmas is celebrated by Christians in other countries focussing on the central shared celebration of the birth of Jesus.</p>

Year 4	<p>Judaism 1  <b>Unit 1 – Shabbat – A Day of Rest</b></p> <p><b>Shabbat – the Sabbath Day</b> - Day of separation and different from other days; a day of rest and joy, remembering God creating and resting.  What happens?</p> <ul style="list-style-type: none"> <li>• Preparing for Shabbat.</li> <li>• Sunset candle lighting.</li> <li>• Blessings.</li> <li>• Shared meal – Kiddush</li> <li>• Shabbat Table and customs.</li> <li>• Charity contributions (Tzedakah).<sup>1</sup></li> </ul> <p><b>Synagogue</b></p> <ul style="list-style-type: none"> <li>• Attend synagogue for prayer with the community on Shabbat.</li> </ul> <p><b>Havdalah</b> and the <b>end</b> of Shabbat.  Spices, wine, plaited candle and the blessing of Shabbat taken into next week.</p>	<p>Judaism 2  <b>Unit 2 – Festivals in Jewish Life</b></p> <p><b>Succot (Sukkoth)</b></p> <ul style="list-style-type: none"> <li>• Festival of Tabernacles.</li> <li>• Celebration at home and in the Synagogue.</li> <li>• Story retold</li> <li>• Harvest.</li> </ul> <p><b>Passover (Pesach)</b></p> <ul style="list-style-type: none"> <li>• Story recalled: Moses and the Exodus from Egypt.</li> <li>• Celebration at home.</li> <li>• Symbolism and ritual of Seder meal – questions from youngest child.</li> </ul> <p><b>Hanukkah</b></p> <ul style="list-style-type: none"> <li>• Story recalled of the miracle of the oil</li> <li>• Celebration at home.</li> </ul> <p>Symbolism of candle lighting and eating doughnuts.</p>
Year 5	<p><b>Islam Ramadan and Id ul Fitr</b></p> <p><b>Sawm</b>  Ramadan – a time to focus on Allah, being a good Muslim and considering those who have less.  Qur’anic quotes about fasting.  Fasting and eating in Ramadan.  Worship during Ramadan</p>	<p><b>Unit 4 – Hajj and Id ul Adha</b></p> <p>Story of Prophet Ibrahim (pbuh) and his son Ismail (pbuh) rebuilding the Ka’aba.</p> <p>Umrah (lesser pilgrimages. Not fixed to time).</p>

<sup>1</sup> It is custom to put money in a **Tzedakah** box at a point in the weekday services as Orthodox Jews do not use money on Shabbat

	<p>Id ul Fitr – celebration of keeping the fast at its end. Zakat al Fitr Charity at Id.</p>	<p>Qur’anic quotes about Hajj</p> <p>Hajj requirements.</p> <p><b>Id ul Adha</b> Festival that takes place the day after the gathering of pilgrims on Mount Arafah. A time for Muslims worldwide to celebrate.</p>
Year 6	<p>Following the Buddha’s Teaching – The Buddha</p> <ul style="list-style-type: none"> <li>• The Buddha is the perfect example of what people can become.</li> <li>• The Noble Eightfold Path.</li> <li>• Symbols, e.g. the wheel and lotus. The Dharma (Buddhist teachings).</li> <li>• Story that illustrates Buddhist values – The Monkey King.</li> <li>• All Buddhists try to learn and practice the Dharma. This is the teaching and practice that leads to awakening.</li> </ul>	<p>Judaism 3</p> <p><b>Abraham</b></p> <p><b>Belief in One God</b></p> <ul style="list-style-type: none"> <li>• Abram/Abraham.</li> <li>• Abraham and one God.</li> <li>• Abraham and Isaac – obedience to God.</li> </ul> <p><b>Torah</b></p> <ul style="list-style-type: none"> <li>• Jewish Sacred Text.</li> <li>• Where stories about the Jews’ relationship with God are found including the story of Abraham</li> <li>• Written as a scroll in Hebrew.</li> <li>• Treated with respect.</li> </ul> <p>Yad.</p>

	Spring 1	Spring 2
Year 3	<p><b>The Bible</b></p> <ul style="list-style-type: none"> <li>• A source of Christian belief and teaching - some Christians read the Bible every day and find it helpful for their everyday lives.</li> <li>• The Old and New Testaments include many books with different genres; these include history, law and songs: Joseph, Psalm 23, and Isaiah's Prophecy.</li> <li>• The gospel stories tell about events in Jesus' life.</li> <li>• Jesus' teaching about the Kingdom of God in parables: The Lost Sheep.</li> </ul> <p>Ten Commandments with particular focus on the two greatest commandments.</p>	<p><b>Unit 1 – Sikh Beliefs</b></p> <p><b>Beliefs about God</b></p> <ul style="list-style-type: none"> <li>• Sikhs believe in one God – symbolised by the Ik Onkar symbol.</li> <li>• God created all things.</li> </ul> <p><b>The Gurus</b></p> <ul style="list-style-type: none"> <li>• There were 10 human Gurus.</li> <li>• Guru Nanak was the first Guru.</li> <li>• Guru Nanak's life and teaching.</li> <li>• Guru Nanak's teaching that all people are equal.</li> <li>• Celebration of Guru Nanak's birthday.</li> </ul>
Year 4	<p><b>Christianity: Local Christian Places of Worship</b></p> <ul style="list-style-type: none"> <li>• Special places for Christians.</li> <li>• There are many different types of Christian places of worship.</li> <li>• Belonging to a group and sharing activities with others is important and meaningful.</li> <li>• Worship includes the use of stillness and silence for reflection.</li> <li>• Reasons why people pray.</li> <li>• The Lord's Prayer</li> <li>• The Bible (a source of Christian belief and teaching) used in services</li> </ul> <p>Church or Cathedral visit</p>	<p><b>Christian Celebrations</b></p> <p><b>The Church has its own calendar with special names for certain times of the year:</b></p> <ul style="list-style-type: none"> <li>• Times associated with Jesus' life; how Christians understand and celebrate these events – Christmas and Easter</li> <li>• Times of reflection: Advent and Lent - Jesus' temptation.</li> <li>• Sharing the Lord's Supper.</li> <li>• Pentecost</li> </ul>

Year 5	<p><b>Hinduism Pilgrimage</b> The Wider World</p> <ul style="list-style-type: none"> <li>• Hinduism originated in India.</li> <li>• Hindus live across the world.</li> <li>• Places of pilgrimage and their significance: <ul style="list-style-type: none"> <li>– The Ganges</li> <li>– Kailash</li> <li>– Rameswaram</li> </ul> </li> <li>• Stories associated with places of pilgrimage.</li> </ul>	<p><b>Jesus Human and Divine God:</b></p> <ul style="list-style-type: none"> <li>• Father, Son and Holy Spirit</li> <li>• Christmas – Jesus’ birth.</li> <li>• Choosing 12 disciples AND friends</li> <li>• Jesus’ temptations</li> <li>• Jesus’ baptism</li> <li>• Miracles and acts of healing e.g. ‘Stilling the storm’, ‘The four friends’ or ‘Healing a leper’</li> <li>• Easter - Jesus’ death, resurrection and afterwards.</li> </ul>
Year 6	<p>Unit 2 – Living as a Buddhist</p> <p>The Buddhist Community – Sangha Lives out the teachings of the Buddha.</p> <ul style="list-style-type: none"> <li>• All members support one another.</li> <li>• Story of The King’s Elephant – keeping good company matters.</li> <li>• Buddhists meditate to help them understand the teachings of the Buddha by developing awareness and mindfulness.</li> </ul>	<p><b>The Journey of Life and Death</b></p> <p>The ways in which human experiences associated with death, loss, hope, and meaning in life are understood in Buddhism.</p> <p><b>All things change</b> Beliefs about death and rebirth.</p>

The home shrine, a Temple or Buddhist Centre

- Place where teachings are given.
- Where Buddhists meditate together.
- A sacred space, where removal of shoes shows respect.
- A shrine – with an image of the Buddha. Images of the Buddha communicate values of wisdom and compassion.

	Summer 1	Summer 2
Year 3	<p><b>Unit 2 – Sikh Teaching and Life</b></p> <p><b>Sikh Teaching</b> Three important rules to follow:</p> <ul style="list-style-type: none"> <li>• Work honestly.</li> <li>• Share food with the needy.</li> <li>• Remember God.</li> <li>• The Gurus showed how to put teachings into practice in their lives.</li> <li>• Story of Guru Nanak and Bhai Lalo.</li> </ul> <p>or</p> <ul style="list-style-type: none"> <li>• Story of Guru Gobind Singh and the Water Carrier, Bhai Ghanaya.</li> </ul> <p><b>Sikh Life</b></p> <ul style="list-style-type: none"> <li>• Special celebrations – naming.</li> <li>• Sikhs worship at home and in the Gurdwara.</li> <li>• The Guru Granth Sahib teaches Sikhs how to live.</li> <li>• Sikhs share and show that everyone is equal in the Gurdwara.</li> </ul>	<p><b>Hinduism God and Beliefs</b></p> <p>Sacred Books</p> <ul style="list-style-type: none"> <li>• Ramayana, Mahabharata,</li> <li>• Bhagwat Gita, Veda</li> </ul> <p>Religious Word Aum/Om</p> <p>Belief and values</p> <ul style="list-style-type: none"> <li>• The importance of honesty and truthfulness.</li> <li>• Karma: Take responsibility for your actions.</li> <li>• Hospitality is important to Hindus.</li> </ul> <hr/> <p><b>Unit 2 – Living as a Buddhist</b></p> <p><b>The Buddhist Community – Sangha</b> Lives out the teachings of the Buddha.</p> <ul style="list-style-type: none"> <li>• All members support one another.</li> <li>• Story of The King’s Elephant – keeping good company matters.</li> <li>• Buddhists meditate to help them understand the teachings of the Buddha by developing awareness and mindfulness.</li> </ul> <p><b>The home shrine, a Temple or Buddhist Centre</b></p> <ul style="list-style-type: none"> <li>• Place where teachings are given.</li> <li>• Where Buddhists meditate together.</li> <li>• A sacred space, where removal of shoes shows respect.</li> </ul> <p>A shrine – with an image of the Buddha. Images of the Buddha communicate values of wisdom and compassion</p>



Year 4	<p>Sikhism 3  <b>Unit 3 – The Gurdwara and the Guru Granth Sahib – Final and Everlasting Guru</b></p> <p><b>The Gurdwara</b></p> <ul style="list-style-type: none"> <li>• Centre for the community and place of prayer and worship.</li> <li>• Nishan Sahib and Khanda symbol.</li> <li>• Shoes removed, hair covered.</li> <li>• Role of Granthi.</li> <li>• Use of music.</li> <li>• Karah Prasad.</li> <li>• The Langar kitchen- shared food.</li> </ul> <p><b>The Guru Granth Sahib</b></p> <ul style="list-style-type: none"> <li>• Sikh holy book, final everlasting Guru</li> <li>• Written in Gurmurkhi.</li> <li>• Treated with respect as a human Guru</li> <li>• Contents: <ul style="list-style-type: none"> <li>- teachings of Guru Nanak and other Gurus.</li> <li>- hymns and prayers that are sung in services.</li> </ul> </li> </ul>	<p><b>The Buddhist Community – Sangha</b></p> <p>Lives out the teachings of the Buddha.</p> <ul style="list-style-type: none"> <li>• All members support one another.</li> <li>• Story of The King’s Elephant – keeping good company matters.</li> <li>• Buddhists meditate to help them understand the teachings of the Buddha by developing awareness and mindfulness.</li> </ul> <p><b>The home shrine, a Temple or Buddhist Centre</b></p> <ul style="list-style-type: none"> <li>• Place where teachings are given.</li> <li>• Where Buddhists meditate together.</li> <li>• A sacred space, where removal of shoes shows respect.</li> <li>• A shrine – with an image of the Buddha. Images of the Buddha communicate values of wisdom and compassion.</li> </ul>

<p>Year 5</p>	<p><b>Unit 4 – Belonging to the Sikh Community</b></p> <p><b>Guru Gobind Singh</b></p> <ul style="list-style-type: none"> <li>• The last human Guru.</li> <li>• Celebration of Baisakhi.</li> <li>• Established the Khalsa.</li> <li>• The 5 Ks and Sikh names.</li> </ul> <p><b>Belonging to the Community</b></p> <ul style="list-style-type: none"> <li>• Becoming a Khalsa'd Sikh.</li> <li>• Amrit ceremony.</li> <li>• Obligations accepted with Amrit - rehat.</li> </ul>	<p><b>Unit 9</b></p> <p><b>Leading a Christian Life</b></p> <p><b>Commitment, belonging and belief in the special presence of God during significant life events.</b></p> <p><b>Example of at least one person and one charitable organisation that exemplifies Christianity in action.</b></p> <p><b>Encounter with one local Christian to share how their life is led by faith</b></p>

Year 6

**Judaism 4**

**Unit 4 – Prayer and Worship of God**

**The Shema**

- Said twice daily.
- Preparing for prayer: Phylacteries, Tallit, Kippah.
- The Shema in the Mezuzah – signifying a Jewish home.

**Synagogue**

- Ark.
  - Ner Tamid.
  - Torah portion read in services.
  - Role of the Rabbi.
  - Minyan.
  - Family celebrations.
- Bar /Bat Mitzvah.

**Understanding Faith and Belief in Lewisham**

Christian communities in Lewisham