



'Our Best at all Times'

Headteacher: Mrs Mitzi Nichol

18 October 2021

Dear Y4 Parents and Carers

I am writing to inform you that we have been notified of a confirmed case of COVID within your child's class and we are continuing to monitor the situation with the support of the Local Authority. This letter is to inform you of the current situation and provide advice on how to support your child. Please be reassured that for most young people, coronavirus (COVID) will be a mild illness. **Please be aware this is a standard letter from Public Health England.**

Schools are no longer contact tracing. Instead, NHS Test and Trace will undertake contact tracing and may contact you to inform you that your child has been identified as a close contact. In line with the latest government guidelines that were released in August 2021, identified close contacts who are under 18 years and 6 months of age, do not need to self-isolate. They are advised to get a PCR test.

If your child is identified as a close contact by NHS Test and Trace, your child should continue attending school and you should arrange from them to have a PCR test.

If this test is **positive** or your child is displaying one of the main COVID symptoms, they should not come to school and must self-isolate. They should stay at home for the 10-day isolation period and the school will arrange remote education so that they can continue their learning, if they are well enough to do so.

We will continue to review our risk assessment and outbreak management plan and reinforce the protective measures in place at school. These measures include good hand and respiratory hygiene, frequent cleaning and keeping spaces well ventilated.

What to do if your child develops symptoms of COVID

If your child develops symptoms of COVID, they must not come to school and should remain at home for at least **10 days** from the day after their symptoms appeared. Anyone with symptoms should seek a test and this can be arranged via <https://www.nhs.uk/ask-for-a-coronavirus-test> or by calling 119.

Household members no longer need to isolate if they are under 18 years of age or are double vaccinated. If they go on to develop symptoms or test positive, they should follow the



guidance on the NHS for a positive test result <https://www.nhs.uk/conditions/coronavirus-covid-19/testing/test-results/positive-test-result/>

Further information is available at: <https://www.gov.uk/government/publications/COVID-stay-at-home-guidance/stay-at-home-guidance-for-households-with-possible-coronavirus-COVID-infection>

The 10-day period starts from the day after the first person in the house became ill.

Symptoms

The most common symptoms of coronavirus (COVID) are recent onset of:

- a new continuous cough
- a high temperature
- a loss of, or change in, your normal sense of taste or smell (anosmia)

If your child or anyone in the household does develop symptoms, you can seek advice from NHS 111 at <https://www.nhs.uk/conditions/coronavirus-COVID/check-if-you-have-coronavirus-symptoms/> or by phoning 111.

How to stop COVID spreading

There are things you can do to help reduce the risk of you and anyone you live with getting ill with COVID

Do

- wash your hands with soap and water often – do this for at least 20 seconds
- use hand sanitiser gel if soap and water are not available
- wash your hands as soon as you get home
- cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze
- put used tissues in the bin immediately and wash your hands afterwards
- keep windows and doors open

Further Information

Further information is available at <https://www.nhs.uk/conditions/coronavirus-COVID/>

Yours sincerely

Mrs M Nichol
Headteacher