



'Our Best at all Times'

Headteacher: Mrs Mitzi Nichol

24 March 2023

Dear Stillness Families

Another term almost over.

It is nearly the Easter holidays and Lewisham Foodbank has asked us to help with some very special donations. Could you donate an extra **Easter egg** to someone in need this holiday?

We feel as a school that it is important to think of those around us that are not as fortunate as ourselves and may need more support. We know this may be a difficult time for many families and individuals but if all students brought in **one** item to donate, it would make a difference to a number of families that are in need this holiday period.

Please put your Easter donations on the table in the Main Hall by Friday 31st March

The Foodbank is also in need of regular donations for the Easter holidays so if you can donate any of the following in addition to Easter eggs they would be gratefully received.

Most useful food items:

- Pasta / spaghetti / macaroni
- Tinned Tuna/Mackerel/ Salmon/Pilchards or Sardines
- Rice
- Baked beans / tinned spaghetti
- Basic tinned vegetables e.g. potatoes, carrots, peas, sweetcorn
- Tinned tomatoes
- Soup (tinned & packet)
- Pot noodles / instant pasta or rice meals – always very popular!
- Sandwich spreads e.g. paste, marmite, jam, marmalade
- Rice pudding / custard / tinned fruit / instant desserts
- Breakfast cereal/cereal bars
- Canned ready meals e.g. hotdogs, meatballs, stews, curry, bolognese, tinned sausages, corned beef, tinned ham etc.
- Pasta and meal sauces
- Easy to prepare foods (i.e. add hot water / microwaveable)
- Canned beans



Please note, we can only accept non-perishable food items that are still within their best-before date, are sealed and are not homemade.

If you have any queries please do not hesitate to contact me.

Yours sincerely

Miss S Beeke - PSHE Lead

