## W/C: 08/01 22/01 05/02 26/02 11/03 25/03







MONDAY

**TUESDAY** 

WEDNESDAY

**THURSDAY** 

FRIDAY

**MAIN DISH 1** 

Chilli non Carne with Wholegrain Rice and Crispy Tortilla



with Garlic and Herb Bread

**Beef Lasagne** 

**Roast Chicken** 

with Roast Potatoes and Gravy

**West African Vegetable Jollof Rice** with Broccoli & Sweetcorn

VE W

**Breaded Fish Fingers** or Jerk Chicken with Chips

**MAIN DISH 2** 

**Chinese Stir Fry Vegetable Noodles** 

Carrots

Peas

Pasta Salad, Carrot,

Tomato, Cucumber, Lettuce

**Organic Yoghurt** 

**Orange Drizzle Slice** 

with Fresh Fruit

& Fresh Fruit Slices

Veggie Sausage Pasta Bake with Garlic and Herb Bread



**Jacket Potato with Salmon** Mayonnaise 📸

Sweetcorn

**Green Beans** 

**Noodle Salad, Peppers,** 

Tomato, Cucumber, Lettuce

**Organic Yoghurt** 

**Chocolate Sponge** 

with Chocolate Custard

& Fresh Fruit Salad

**Vegetable Pastry Roll** with Roast Potatoes and Gravy

**Macaroni Cheese** with Broccoli and Sweetcorn

Veggie Burger in Bun with Chips



**SCHOOLS CHOICE** 

**VEGETABLES** 

SALADS

DESSERT

Freshly Made Tomato Pasta or Topped Jacket Potato with Cheese, Coleslaw, Beans or Tuna Mayo or Filled Sandwich/Baguette







Cabbage Carrots

Cous Cous Salad, Sweetcorn,

Tomato, Cucumber, Lettuce

**Organic Yoghurt** & Fresh Fruit Bowl

**Cheese & Biscuits** with Fresh Apple Slices

Broccoli Sweetcorn

Potato Salad, Carrot, Tomato, Cucumber, Lettuce

> **Organic Yoghurt** & Fresh Fruit Salad

Pineapple Upside Down **Cake with Custard** 



**Baked Beans** Peas

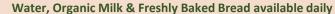
Coleslaw, Sweetcorn, Tomato, Cucumber, Lettuce

> **Organic Yoghurt** & Fresh Fruit Slices

Shortbread with Vanilla Ice Cream







We offer medical diet and allergen support, please speak to your school office in the first instance. Vegetables & Fruit are subject to seasonal variation. Menu is subject to availability and individual school changes.



**VE** Vegan









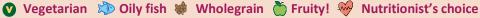




VE 🐲









## W/C: 15/01 29/01 19/02 04/03 18/03







MONDAY

**TUESDAY** 

WEDNESDAY

**THURSDAY** 

FRIDAY

**MAIN DISH 1** 

**Cheese and Tomato Pizza** with Potato Wedges **V** 

**Spiced Beef Pie** with Mash Potato & Gravy

**Roast Turkey** with Roast Potatoes and Gravy

Raheem's Caribbean Chickpea Curry with Wholegrain Rice VE 🗱 🔊

Southern Fried Chicken **Gouion Or Fish Fingers** with Chips

**MAIN DISH 2** 

**Vegetarian Cottage Pie** with Gravy VVE 級

**Stir Fry Vegetable Rice** with Carrots & Peas

VE 🔛

**Cheesy Leek & Carrot Crumble** with Roast Potatoes & Gravy



**Vegetable Lasagne** with Garlic and Herb Bread

**W** 

**Crispy Quorn Nuggets** with Chips V VE

**SCHOOLS CHOICE** 

**VEGETABLES** 

SALADS

DESSERT

Freshly Made Tomato Pasta or Topped Jacket Potato with Cheese, Coleslaw, Beans or Tuna Mayo or Filled Sandwich/Baguette V VE VE 🐲 😣 VE 級

Sweetcorn **Green Beans** 

Pasta Salad, Carrot,

Tomato, Cucumber, Lettuce

**Organic Yoghurt** 

**Apple Crumble** 

& Fresh Fruit Slices 🌥

with Custard

**Noodle Salad, Peppers,** Tomato, Cucumber, Lettuce

Peas

**Carrots** 

**Organic Yoghurt** & Fresh Fruit Slices 🎽

**Crunchy Chocolate Biscuit** with Fresh Fruit Slices

Cabbage Sweetcorn

Cous Cous Salad, Sweetcorn, Tomato, Cucumber, Lettuce

> **Organic Yoghurt** & Fresh Fruit Bowl

Vanilla Sponge with Custard

Broccoli **Carrots** 

Potato Salad, Carrot, Tomato, **Cucumber, Lettuce** 

> **Organic Yoghurt** & Fresh Fruit Salad

**Carrot Cake** with Fresh Fruit Slices **Baked Beans** Peas

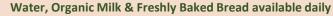
Coleslaw, Sweetcorn, Tomato, **Cucumber, Lettuce** 

> **Organic Yoghurt** & Fresh Fruit Slices

**Strawberry Ice Cream** with Oat Cookie







We offer medical diet and allergen support, please speak to your school office in the first instance. Vegetables & Fruit are subject to seasonal variation. Menu is subject to availability and individual school changes.



**VE** Vegan













