



‘Our Best at all Times’

Headteacher: Mrs Mitzi Nichol

18 September 2025

Dear Stillness Families

It is nearly harvest time again and Lewisham Foodbank is gearing up to receive much needed donations to replenish their stock.

We are proud that as a school community we think of those around us that are not as fortunate and may need more support. Anything you can donate would be much appreciated. We know this may be a difficult time for many families and individuals but if all pupils brought in **one** item to donate, it would make a difference to a number of families that are in need at this time of year.

Lewisham Foodbank have agreed to visit and host an assembly on 6 October 2025 so please bring in donations by **Friday, 3 October 2025**. They have asked for the following items:

Tinned meat	Sweet treats	Conditioner
Tinned fish	Jam/spreads	Wipes
Tinned tomatoes	Savoury treats	Toothbrushes
Tinned vegetables	Pasta	Toothpaste
Pasta sauce	Rice	Shaving gel
UHT milk	Tinned rice pudding	Razors
Baked beans	Pulses	Shower Gel
Ketchup/mayo	Oil	Nappies
Tinned fruit	Hot chocolate	Toilet Rolls
Coffee	Sanitary towels	Laundry Pods
Breakfast cereal	Soap	Washing Up Liquid

Please note, we can only accept non-perishable food items that are still within their best-before date, are sealed and are not homemade.

If you have any queries please do not hesitate to speak to the office.

Yours sincerely

Mrs M Nichol
Headteacher

