



Stillness Junior School Newsletter November 2025



Lewisham Foodbank

A big thank you to everyone who contributed to our Harvest Food Collection.

We were delighted to welcome Carol Bostridge from Lewisham Foodbank to our recent whole-school assembly. She spoke to the children about how the Foodbank supports people in our local community and the difference donations like ours can make.

We are proud to continue our long-standing partnership with the Foodbank and grateful for your help in supporting such an importance cause.



STILLNESS NEWSLETTER

If you wish to contribute to the newsletter, the deadline to submit your articles for the next publication is the penultimate week of every month

Hire our Facilities

We are delighted to offer our facilities for hire during the School holidays and outside normal school hours (5.30pm - 10pm) and facilities within the school, including the sports hall.

Our lettings are open 7 days a week with closures only during bank holidays and extended opening hours during school holidays.

We also have a school mini bus available for hire that can seat up to 17 passengers.

If you are interested in the above, please contact

Kim Kennedy on kim@stillnessjs.lewisham.sch.uk.

Walking Home Alone (Y5/Y6)



We realise that when children reach Y5 and Y6, you may wish to encourage their independence and allow your child to walk home alone, with friends or with older siblings. If this is the case for your child, please complete [this form](#) and submit as soon as possible so we are aware of after school arrangements for the academic year 2025-26.

Join Our Local Cub Scout Team!

The 3rd Crofton Park Cub Pack, based at Stillness Sports Hall, is looking for volunteers to help run our fun-filled sessions on Wednesdays from 6:30-8:00pm.

Cubs is for children aged 8 to 10½, and volunteering is a great way to make a positive difference while being part of a welcoming community. No experience needed. Full training, support and flexible volunteering options are provided.

It's also a fantastic way to spend time with your child, and parents who volunteer skip the waiting list, which can otherwise be around 4 years!

Come and help create adventures, build confidence, and have fun.

To find out more, email gsl@3rdcroftonparkscoutgroup.org.uk or visit linktr.ee/3rdcroftonpark.

Our Best at all times



Halloween Disco



Thank you to everyone who helped make this year's Halloween Disco such a wonderful event for the children. The dance floor was filled with witches, skeletons, and all sorts of spooky characters enjoying a fun evening together.

A special thank you to **Alexis** for generously lending her fantastic Halloween decorations and for using her creative skills to transform the reception and main hall into a beautifully spooky space for everyone to enjoy.



Girls' football October Half Term Camp

Book Now:
www.southlondongirlsfootballacademy.co.uk

Monday 27th October - Thursday 30th October
10am-3pm
£25 per day or £80 for all 4 days

Burgess Park Community Pitches,
Cobourg Road,
London,
SE5 0JD



Headteacher Awards

Sylvie (Montague) for making lots of connections with her learning. Always engaged and always offering lots of insightful thoughts.

Isha (Montague) for challenging herself across the curriculum and being a pleasure to teach

Miss Fatania (Iona) for being such a wonderful support to Y3 this week and keeping the Y3 flag gently flying!

Mrs Threadgold (Montague) for all your support this week – it really helped make sure the children did not miss out

Flo (Bexhill) for always being so kind and helpful

Ilana (Bexhill) for engaging so well in your learning and producing some beautiful work

Isaac (Montague) for writing a beautiful poem

Benji (Bexhill) for a fantastic week of focus and hard work!

Daniel (Bexhill) for giving everything 100% and pushing his learning on

Lucia (Montague) for tackling all lessons with renewed confidence. We like this Lucia!

Fatima (Montague) for tackling all lessons with renewed confidence and being a helpful class monitor

Daood (Montague) for bringing enthusiasm to all aspects of his learning this week

Jamel (Montague) for blowing the teacher away with his attitude and enthusiasm to learning

Darcey (Bexhill) for a fantastic attitude to everything she does

Eloise (Bexhill) for a fantastic attitude to everything she does



SMART RULES:

Safe: Keep safe by being careful not to give out personal information when you are chatting or posting online. Personal information includes your email address, phone number and password.

Meet: Meeting someone you have only been in touch with online can be dangerous. Remember online friends are still strangers even if you have been talking to them for a long time.

Accepting: Accepting emails, messages, or opening files, images or texts from people you do not know or trust can lead to problems – they may contain viruses or nasty messages!

Reliable: Someone online might lie about who they are and information on the internet may not be true. Always check information.

Tell: Children should always tell a parent, carer or a trusted adult if someone, or something, makes them feel uncomfortable or worried, or if you or someone you know is being bullied online.

Our Best at all times



Our Best at all times

Y6 trip to Buddhist Temple

In Y6 we went to a Buddhist temple and learnt the teachings of the Buddha. We arrived to see a lovely lady, dressed in traditional clothes. When we sat down on our cushions, we were amazed by the clay statues and the stories on the wall. We learnt the Buddha teachings and how he became a Buddha from a prince. We were very intrigued to ask questions and share answers. At the end of the learning, we got to look around and ask extra questions (even the adults got involved!). Overall, it was a great experience to learn about different religions and visit such a wonderful temple.

By Annabel and Iliana

The Buddhist temple was colourful and beautiful and I learnt so much. I thought Buddha was a God, but he is a being like us. Buddha was a prince and ran away to see the world. It was fun and I recommend it a lot. It was an experience!

By Ayla



On Thursday we went to the Buddhist Temple, we went because our topic in RE is Buddhism. It was quite a long journey to get there, a train and a walk. It was surprising when we got there because it was quite hidden in nature and looked like a garden to a house. But when we got through the gates it was a lovely place full of florals and colour everywhere - you felt connected to nature. From the garden, it just looked like an old building but on the inside it was amazing. It had intricate designs all over the walls and ceilings. Pictures displaying moments in the Buddha's life, for example, a moment when he cuts his hair and gives all his fancy stuff back to become a spiritual leader. The front part had amazing sculptures of the Buddha painted with many different colours displaying Buddha and the people he taught. When we were there, we were learnt about how Buddhism originated and what happened before he became the Buddha. We also learnt how to meditate and enjoyed meditating for 3 minutes. Our Buddha teacher told us to clear your mind and not day dream during meditation which was hard even for the teachers!

By Isaac Monteiro



Tottenham Hotspur Women

As a valued contact of our Next Gen Spurs programme, we're excited to offer your students and parents the chance to apply for free tickets to a Tottenham Hotspur Women's home match this season!

Please share the link below with your community and parents so they can enter the draw for any of our remaining WSL matches – including three high-profile fixtures at the Tottenham Hotspur Stadium (vs. Chelsea, Everton, and Manchester United).

All other matches will take place at Brisbane Road.



<https://www.tottenhamhotspur.com/tickets/buy-y-tickets/womens-tickets/comp-tickets-202526/>

Thank you for your continued support – we hope to see you at a match soon!

**Football Development Programme
Coordinator**



Our Best at all times

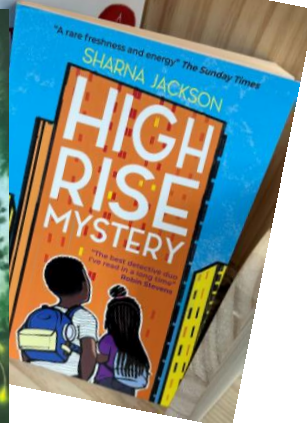
The Stillness Tower

We would like to say a big thank you to our wonderful parent librarians for helping create the beautiful new *Stillness Tower Block* for our school library – it looks fantastic!

A very special thank you to our amazing parent volunteer, Mrs Couch, for all the time and care she put into making sure the Tower came to life.

The Tower has been designed to reflect the many different kinds of homes our children live in – from council estates and terraced houses to newer private developments. While our families come from a range of backgrounds, all our children share so much – going to school together, playing in local parks, and being part of our Lewisham Community.

And finally, a warm thank you to Rebecca for her lovely donation of books for the children to enjoy.



Sports in Minds

I wanted to share that Simba and I are raising money for Sports in Minds, a mental health charity, with 3 other furry friends. Between us we are walking, running or cycling 100KM with our furry friends to spread awareness about the charity. The charity is all around mental health and using sports to channel our wellbeing.

We as a school, will be working with this charity next year to support mental health and keeping the children active by taking part in a community event, so I do recommend you check them out as I am sure we all know someone or have needed some mental health support ourselves.

No pressure but it would be great if you could donate even £1 to support us.

You might have also seen one of my furry friends on This Morning last week - Lupin, who is an adventure cat, who goes around London with his owners giving kitty cuddles to make people happy!

Miss A Curtis – Y3 Lead

<https://www.givengain.com/project/aysha-raising-funds-for-sport-in-mind-109322>



Sickness/Diarrhoea

If your child has been unwell with vomiting and/or diarrhoea, we kindly ask that they stay at home for **48 hours** after the last episode before returning to school. We do understand this can be difficult at times, but following this guidance helps us keep everyone in school as healthy as possible by reducing the spread of infections.



Sports in Mind

This October, Simba and I were lucky enough to team up with *Sports in Mind*, a wonderful charity that supports mental health through sport. Their goal is to use the power of sport to make a real difference in the lives of both children and adults — and when we were asked to get involved, I just couldn't say no.

As PE lead, I see every day how sport can positively impact health and wellbeing, so I knew this was something really special. Over 10 days, Simba, some of our other furry friends, and I walked, ran, and cycled more than 100KM — and with everyone's support, we have already raised over **£700** for this brilliant cause. We are hopeful that, as a school, this will be the beginning of a great partnership with *Sports in Mind*.

Many of you will know just how much Simba and Nala mean to me. They have been such a big part of my own mental health journey, and have brought comfort to so many others — especially during Covid, when they popped up on Google Classroom, in messages home, and even on Zoom calls with the children! That connection has continued, especially in Y3 where they play a little role in our Zones of Regulation.

Outside of school, they have become part of a fun weekend hobby of mine — working with pet brands, taking photos, and filming. Recently, Simba had his first photoshoot away from home with **Scrumbles**, a cat and dog food brand we really love. Their focus on gut health has helped Nala so much, and we are really excited to have signed a 6-month contract with them. We will be trying out some new products, and they have kindly shared a discount code for us to pass on too!

I know how much we all love our pets here at school, and I hope Simba and Nala continue to bring smiles and a little extra joy to everyone's day — just as they do to mine.

Thank you again for all your support.

Miss A Curtis – Y3 & PE Lead



Y6 SPLATT Trip

I enjoyed how it gave us the full experience of being an evacuee and they didn't break character once! We had to be evacuated exactly how they would have done it back during the war. We got to cook cookies, see the ration book and was told about our new homes.

Romario

The SPLATT trip was really fun. I really enjoyed dressing up and pretending to be evacuees. We had to be in character the whole day and I enjoyed the stern voice of Mrs Smith, who was our billeting officer. We learnt how to make the carrot biscuits from rationed food and we got to sew our initials onto bunting, which was fun too. **Sylvie**

The SPLATT trip was amazing because everyone was in character and it felt like you were actually in WW2. We made delicious character cookies that didn't need any wet ingredients because we were only using ingredients that weren't rationed. During the sewing activity, the air raid siren went off and we had to go into a small room, where we were registered. TO keep our spirits up, we sang songs and then we went back to the Church and ate our carrot cookies. **Stanley.**





Instagram



Thank you to everyone who has visited our Instagram site.

Our Instagram continues to go from strength to strength. We have had a large number of follow requests; however, to ensure we keep the account private and only accessible by the Stillness Community, we would be grateful if you would email the main office with your request on admin@stillnessjs.lewisham.sch.uk. We are also receiving requests from children that will not be accepted as this platform is only for children over the age of 13.

Please keep popping in to have a look at what is going on in and around our wonderful school.

All "likes" welcomed!

School Streets



Reminder that Lewisham School Street Programme "School Streets" is in effect. Fines will be issued for those who enter Brockley Rise from the junction with Stillness Road, without an exemption permit from **Monday to Friday** between the set times of **8.30am to 9.30am** and **2.45pm to 3.45pm**. Please be aware that local residents are able to access during these hours so we should continue to observe road safety. Thank you.

SAFEGUARDING

Working together to safeguard children.

We are committed to safeguarding and promoting the welfare of children and expects all staff and parents/carers to share this commitment.

Safeguarding is a term which is broader than 'child protection' and relates to the action taken to promote the welfare of children and protect them from harm. Safeguarding is everyone's responsibility.

We are fully committed to ensuring that consistent, effective safeguarding procedures are in place to support families, children and staff at school.

Safeguarding Leads:

Mrs M Nichol - Headteacher

Mrs Z Renner-Thomas – Deputy Headteacher

Mrs P Brown – Inclusion Lead

Mobile Phones



We are a "mobile free" zone.

Please be reminded that mobile phones cannot be brought into school for any reason whatsoever. We strongly believe that children are more at risk when they carry and use a mobile phone than it being a deterrent. Our school policy reflects this and it is a rule that we enforce vigorously.

Any mobile phone brought into school will be taken and can only be collected by a parent/carer; repeat offenders will have their mobile phone held in the school office until the end of term.

Dinner Money

Following Government Guidelines, primary school children will now receive a school dinner free of charge for the academic year 2024/2025.

Cashless School

To improve the service we provide, we are a cashless school and does not accept cheques or cash as payment.

Payment for school trips etc. can be done online using a very secure website called ParentPay. You all have your individual ID and Password to access this facility.

Please note: if you wish to change your child from packed lunch to school dinners or vice versa please inform the school office in writing together with any allergies they may have.

School Website

We work extremely hard to ensure that our website is up to date. Please take a minute to have a look and catch up with the latest news and holiday dates.

If you do not wish photographs of your child/ren to be posted on this website, on Instagram, in the school newsletter or in articles that may be published in the press, please notify the school office in writing.

November Diary Dates

- 3.11.25 – Children return to school
- 10.11.25 – Otford Class to V&A Museum
- 10.11.25 – Parbury & Ivy Class to Horniman Museum
- 11.11.25 – Grierson Class to British Library
- 11.11.25 – Parbury Class to Catford Synagogue
- 11.11.25 – Sevenoaks Class to Horniman Museum
- 14.11.25 – Children in Need
- 17.11.25 – Iona Class to V&A Museum
- 18.11.25 – Gabriel Class to British Museum
- 18.11.25 – Sevenoaks to Catford Synagogue
- 21.11.25 – Y6 trip to Imperial War Museum
- 21.11.26 – SCA run Film Night (More information to follow)
- 24.11.25 – Assessment Week
- 25.11.25 – Ivy to Catford Synagogue

Our Best at all times