



# Stillness Junior School

## Newsletter

### July 2026

Our Best at all times

**Article 6: (life, survival and development)**

Every child has the right to life. Governments must do all they can to ensure that children survive and develop to their full potential.

Dear Stillness Families,

Well, here it is – the last monthly newsletter of the academic year! Somehow, after a year filled with learning, laughter, trips, clubs, assemblies, performances, sports days, and the occasional missing jumper, we have reached the end of another fantastic year.

We would like to thank the children, parents/carers, and governors for all the support you have given the school. Your encouragement, enthusiasm, and partnership have helped make this another successful and memorable year here.

A huge thank you goes to our wonderful library parent volunteers, who come in day after day to help children change their reading books and enjoy a little calm away from the excitement of the playground. We are incredibly grateful for your time and dedication.

Thank you also to all our parents, both new and longstanding, who have generously shared their talents by running after-school clubs. From sports and crafts to special interests and new experiences, you have helped make our school community even richer.

We would also like to thank the amazing Stillness Juniors PTA, and especially Jen and Claire, who continue to work tirelessly behind the scenes. Their enthusiasm, energy, and ability to persuade us all to part with a few pounds at events have raised valuable funds that directly benefit the children. This year our annual “Steps for Stillness” raised over £2,000 for the two schools; thank you to everyone who took part.

Thank you to Debra and Martin for stepping in to be step parents to our chicks for a weekend!

Thank you to Natalie and Josh for working with our House Captains to enable children to complete a “shout-out” note about members of staff. The notes have now been collated and mounted on a notice board so they can be read by everyone. It was a lovely initiative, and staff were genuinely touched by many of the thoughtful messages they received.

Thank you to everyone who has accompanied school trips this year, read with children, donated books to the library, attended performances, baked cakes, bought raffle tickets, volunteered their time, and supported us in countless other ways. It truly takes a village, and we are lucky to have such a wonderful one.

To our Y6 children: we are incredibly proud of you. You have grown so much during your time here and, while we will miss you, we are excited to see what comes next. We wish you every success, happiness, and adventure as you move on to secondary school. Remember us when you are famous!

Finally, we hope all our families enjoy a well-deserved summer break.

We look forward to welcoming everyone back on **Friday, 4 September 2026** for the start of the new academic year.

Have a wonderful summer!

The Stillness Team

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STILLNESS NEWSLETTER

If you wish to contribute to the newsletter, the deadline to submit your articles for the next publication is the penultimate week of every month

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**Hire our Facilities**

We are delighted to offer our facilities for hire during the School holidays and outside normal school hours (5.30pm - 10pm) and facilities within the school, including the sports hall.

Our lettings are open 7 days a week with closures only during bank holidays and extended opening hours during school holidays.

If you are interested in the above, please contact

Kim Kennedy on [kim@stillnessjs.lewisham.sch.uk](mailto:kim@stillnessjs.lewisham.sch.uk).



**Summer Uniform** (Article 8)

We are now in summer term and as the weather warms up we all want to wear light clothing to keep us cool.

Can parents/carers please ensure that the children’s skirts are **knee** length. Children should **not** be wearing knee high “pop” socks and no open toed sandals. Children can wear the school summer dress, available in blue or yellow and grey shorts.

There has been an increase in the number of children coming into school wearing cycling shorts. We completely understand that these can offer modesty, comfort and the freedom of movement – particularly for girls. However, we kindly ask that cycling shorts are worn **underneath** school dresses or regular shorts on PE days.

It is important that your child continues to bring a filled bottle of water to school (not metal) and as the weather continues to improve, they are wearing a sun hat and sun cream/sun block. Please note that we do not allow children to fill bottles during their learning time.

Uniform can be purchased via [Gooddies](#).

Thank you.



## Headteacher Awards



**Max (Otford)** for giving excellent peer support to two of his peers in Maths - well done!

**Gabriel and Ellis (Otford)** Despite having fears around snakes, you both battled your fears and held the biggest snake! We are so proud of you for being brave

**Kim Kennedy** for always keeping it real!

**Hazel Demetriou** for managing all the visitors this week

**Ellis (Otford)** for your engaging project about Volcanoes - well done!

**Esme (Otford)** for your engaging Topic project - well done!

**Max (Otford)** for your engaging project about earthquakes in Japan - well done!

**Max, Henrik, Ellis and Oren (Otford)** for being outstanding helpers during the Science experiment and doing super-dupa cleaning! We appreciate you - thank you!

**Blythe (Iona) Cassius (Salehurst) Avanti and Rosie (Pabury) Milo and Pasha (Grierson) Florence and Omari (Bexhill) Connie, Leon and Stanley (Montague) Nickole Peterkin (Medical Lead) Lisa Kelly (Learning Mentor) Olivia Gayer (Y5 Lead) Marika Rooney (Y4 Lead) and Ashleigh Curtis (Y3 Lead)** for speaking at our Rights Respecting Silver Accreditation Meeting. Their valuable contribution helped showcase our commitment to children's rights and played a key role in helping us achieve our Silver Award.

**Ripley, Raielle, Ida and Ava (Iona)** for being excellent role models. They demonstrated manners, respect and a positive attitude to the teachers covering the class. They stood out for being extra helpful and a delight to teach. Well done!

**Oren (Otford)** for your exciting project on earthquakes (the cat really sold it for Miss Curtis)!

**Henrik (Otford)** for your engaging project on Mexican Volcanoes

**Lenny (Otford)** for a great presentation on Italy and volcanoes - well done!

**Alice (Otford)** for your engaging visual earthquake presentation

**Adam (Bexhill)** for being a joy to take to Chessington and being so polite all the time!

**Haru (Bexhill)** for being a joy to take to Chessington and being so polite all the time!

**Florence (Bexhill)** for being so much fun and super polite at Chessington

**Kaiarna (Bexhill)** for always being so engaged at school and trying her best

**Omari (Bexhill)** for always being so engaged at school and trying his best

**Cleo (Bexhill)** for some fantastic Rock, Paper, Scissors writing.

**Romario (Montague)** for producing a vibrant portfolio which beautifully highlights your growth as a writer.

**Izzy (Montague)** for producing a vibrant portfolio which beautifully highlights your growth as a writer.

**Mia (Montague)** for producing a vibrant portfolio which beautifully highlights your growth as a writer.

**Martha (Montague)** for being an absolute pleasure to take to Chessington; your exemplary behaviour and positive attitude were a credit to the group.

**Gisele (Montague)** for being an absolute pleasure to take to Chessington; your exemplary behaviour and positive attitude were a credit to the group.

**Mia (Montague)** for being an absolute pleasure to take to Chessington; your exemplary behaviour and positive attitude were a credit to the group.

**Pasha and Chloe (Grierson)** for stepping in as one of our Y2 tour guides. You did a fantastic job – well done!

**Debra and Martin Bentham** for baby sitting our chicks for the weekend

**Emma (Gabriel)** for baby sitting our chicks for the weekend

**Olivia (Salehurst)** for being brave with Miss Curtis and stroking the chicks - we think it is fair to say by the end you were ready to hold them and we hope you will!

Our Best at all times

## Keep Safe Online (Article 3)

### Top 10 Tips to Stay Safe Online

- 1 Don't share your personal information
- 2 Only talk to people that you know
- 3 Don't meet up with anyone you have only met online
- 4 Only accept friend requests from people you know personally
- 5 Always think carefully about what you post
- 6 Make use of the privacy settings on all of your social media accounts
- 7 Remember that not everyone online is who they say they are
- 8 Report inappropriate content immediately
- 9 Only share images that you'd be comfortable with your friends and family seeing
- 10 Never share your passwords

### BelEve Growing Brave, Kind & Ready for What's Next for Girls 8-12 Summer Camp – 20<sup>th</sup> July to 14<sup>th</sup> August 2026



SUMMER CAMP

#### GROWING BRAVE, KIND & READY FOR WHAT'S NEXT FOR GIRLS AGED 8-12

The primary years are where confidence is formed. Friendships become more complex. School expectations increase. Voices begin to shrink – or strengthen.

**I BelEve Easter Camp** helps girls grow in confidence, communication and emotional resilience – in a safe, joyful and empowering space.

**Location:** Torridon Primary School  
**Time:** 9-4 pm  
**Investment:** £20 a day  
**Trip Day:** additional £10

£10 off when you book a full week before the 30<sup>th</sup> June.

We are a HAF Provider - **spaces are limited**

**REGISTER NOW**

20<sup>TH</sup> JULY - 14<sup>TH</sup> AUGUST 2026  
BELEVEUK.ORG/IBELVESUMMERCAMP2026





Our Best at all times

### World Cup Fever Hits the Coop!

We have some incredibly exciting news from our classroom! On **Tuesday 16th June**, a special delivery of chicken eggs arrived at the school. They were immediately placed safely into an incubator to keep them warm and cozy.

Before long, the patience of our young farmers paid off. We watched in amazement as **five healthy chicks successfully hatched** into the world!



#### **The Starting Lineup:**

In the spirit of the upcoming World Cup, the children have given our new feathered friends some brilliant, football-inspired names. Meet our star squad:

- **Nugget Kane** – Leading the frontline with great energy.
- **Egg Fried Rice** – Bringing excellent control and flair to the group.
- **Jack Roostish** – Already showing off some impressive wing-work.
- **Marcus Hatchford** – Striking the perfect balance of speed and cuteness.
- **Scrambled Messi** – Small in size, but absolute magic to watch!



### **Hands-On Learning**

This experience has been a wonderful hands-on learning journey for the children. They have absolutely loved watching the chicks grow day by day, learning how to gently stroke them, and discovering what it takes to care for newborn animals.

The children even turned into mini-scientists! Using a special identification sheet, they carefully studied the **colours and feather patterns** of each chick to determine whether they are male or female.

Thank you to everyone who helped support this fantastic project. Our little flock has brought so much joy to the classroom!

**Miss A Curtis – Y3 Lead**

### Congratulations!

Congratulations to **Jack and Oren (Otford)** for organising a bake sale for the Buckthorne Cutting Nature Reserve and raised an impressive £120.00.

While they were there, they also met Liam Shrivastava of the Green Party, who has since become the new Mayor of Lewisham.

The funds raised have gone towards purchasing large water butts for the nature reserve. These will be used to water a newly seeded meadow and to help top up the pond, which is especially important during hot, dry periods. This will support local wildlife, including bees, insects, butterflies, and aquatic life.

Fantastic – well done Jack and Oren – we are really proud of you.





Our Best at all times

### Silver Award

We are delighted to share that we have been awarded the Silver Rights Respecting School Award by [UNICEF UK](https://www.unicef.org/uk). The Silver Award recognises schools that have successfully embedded the principles of the United Nations Convention on the Rights of the Child within their ethos, curriculum, and wider school community.

It recognises our commitment to creating an environment where children are valued, listened to, and encouraged to take an active role in their learning and development.

We would like to thank our children, staff, and families for their continued support and contribution to this achievement.

We are proud of what we have accomplished together and look forward to building on this success as we work towards achieving Gold!



### OPAL

A huge congratulations to our staff Play Team, who have all successfully completed the Playwork Essentials training as part of our OPAL journey. This training has strengthened our understanding of the role play has in supporting children's wellbeing and development. We look forward to continuing to develop play opportunities across the school so that all children can learn, explore and have fun through play.

### Stillness Bike Bus

*A bike bus is a fun, safe and eco-friendly solution that brings children together to ride to school as a group, with the support and supervision of adults.*

*It's an enjoyable way to make cycling a regular part of the week, children can ride alongside their friends making it a great start to the day and supports physical fitness and mental health.*

*Children and their adults join the bus as it passes their house or the closest point to their house. The bus doesn't stop for everyone joining, so be bike ready for when we come past.*

*At this stage we ask for children to be accompanied by an adult, and remind everyone to wear a helmet.*

*Come and join us every Friday morning.*

**Jane (Stillness Parent)**

## STILLNESS BIKE BUS

### Friday Mornings

**Cycle to School Together!**

Join the Stillness Bike Bus — a fun, safe and social way for children to ride to school as a group.

**Be at school by 8:40 AM**

**Why Join?**

- Build confidence on bikes
- Travel together safely
- Start the day active and energised
- Help reduce traffic and pollution

**Who Can Join?**

All children who can ride confidently (with adult support where needed)

**Every Friday Morning**

**Hop on the Bike Bus!**  
Ride together. Arrive together.





Our Best at all times

### School Football Season 2025/26 Review

This season we proudly ran five teams:

- Y4 Boys
- Y5 Boys
- Y6 Boys
- Y4 & 5 Girls
- Y6 Girls

The Y4 Boys had an outstanding season, winning the league unbeaten and finishing as runners-up in the cup final after a hard-fought 2–0 defeat. An incredible effort from a team that gave absolutely everything all season.

The Y5 Boys had a challenging year in a very tight league. While results did not always go their way, they kept battling right until the end and only just missed out on a cup semi-final place.

The Y6 Boys finished joint second in the league but ended up third on goal difference – proof that every goal really does matter! They also exited the cup at the group stage, but the effort and commitment from the squad never dropped all season.

The Y4 & 5 Girls made history by winning a brand-new league in their very first season together — and they did it unbeaten! A fantastic achievement from a brilliant group of players. Sadly, there was no cup competition for them this year, although we are fairly sure they would have fancied their chances!

The Y6 Girls also enjoyed a fantastic season, finishing second in the league and winning the cup competition with a brilliant 1–0 victory in a very tight final. They too completed the entire season unbeaten – not bad at all!

We are incredibly proud of our girls’ teams and everything they have achieved this season. Their attitude, teamwork and commitment have been exceptional, and they have been an absolute pleasure to coach; their success is fully deserved.

Girls’ football is thriving at Stillness, with nearly 50 girls now attending our girls only football club on Mondays. The enthusiasm and passion around the game has been amazing to see.

It is fair to say the girls have slightly outshone the boys this season – and we are sure the boys will not get tired of hearing about that any time soon!

We will continue to promote girls’ football at every opportunity because they are flying the flag for the school and going from strength to strength.

For the boys, football can sometimes teach its biggest lessons through defeat. Losing can build character, resilience and determination – and every great player has had tough seasons along the way.

Trials for next season are currently ongoing, so good luck to everyone involved — keep working hard, keep improving and most importantly keep enjoying your football.

As former player Patrice Evra has said many times: *“I love this game.”*

See you next season.

Yours in football  
**Coach Ben**



Our Best at All times

### Curriculum Week (Article 3)

Curriculum Week has become a highlight of the year for pupils and teachers! It allows the children to be immersed in a character relating to their topic learning.

Once again, a big thank you to our Curriculum Lead, Mrs Threadgold for once again organising such a brilliant day. More photographs are available to view on our school website [www.stillnessj.lewisham.sch.uk](http://www.stillnessj.lewisham.sch.uk).



We would like to say a fond farewell to some of our staff who will be leaving us this summer.

**Miss Gayer (Y5 Lead)** will be taking up a teaching position in Mexico for the next academic year. In addition to her role as Y5 Lead, Miss Gayer has been our OPAL Lead this year, and our playtimes look and feel very different thanks to her dedication, creativity, and hard work.

**Mrs McCartney (Music Lead)** will be taking up a teaching position in Cornwall. Mrs McCartney has made a significant contribution to the wider life of the school, leading performances, supporting extracurricular music activities, and playing an active role in many school events and celebrations.

Both members of staff have made a lasting impact on our school community and will be greatly missed by staff, children, and families alike. We would like to take this opportunity to thank them for their commitment, enthusiasm, and hard work, and to wish them every success and happiness in their new roles.



# MOVEMENT BREAKS

Small break. Big boost!

A movement break is short – around 2-3 minutes.

## WHAT A MOVEMENT BREAK IS!

It is **not** always at a structured time.

It includes an activity such as:

- Stretching
- Walking around a location – hall, playground
- Jumping jacks
- Calm breathing
- Other movement activities

Movement breaks aren't meant to **take away** from learning, but rather to **ENHANCE** it by enabling **better focus!**

## WHAT A MOVEMENT BREAK ISN'T!

- It isn't long.
- It does **not** have to be loud.
- It isn't punishment.
- It is **not** a full workout.
- It is **not** time to play with equipment.



MOVE YOUR BODY. REFRESH YOUR MIND. GET BACK. FOCUS. ACHIEVE!



THE LONDON SCHOOL OF ECONOMICS AND POLITICAL SCIENCE

LSE FESTIVAL 2026 HOW TO SAVE THE PLANET

Don't miss THE HERDS 19 and 20 June

Saturday 20 June 10am-2pm

# FAMILY DAY

FREE activities for children, aged 4 to 16

- Eco-cookie creators
- Planet protector bootcamp
- Bringing beavers back to London
- Sustainable crafts
- Climate board games
- Puppet-making
- Face painting

LSE Campus, Houghton St, WC2A 2AE [lse.ac.uk/festival](http://lse.ac.uk/festival)

Photo: © The Walk Productions, Photography by David Levene



Our automated portable defibrillator can be located in the main reception area.



## Instagram



Thank you to everyone who has visited our Instagram site.

Our Instagram continues to go from strength to strength. We have had a large number of follow requests; however, to ensure we keep the account private and only accessible by the Stillness Community, we would be grateful if you would email the main office with your request on [admin@stillnessjs.lewisham.sch.uk](mailto:admin@stillnessjs.lewisham.sch.uk). We are also receiving requests from children that will not be accepted as this platform is only for children over the age of 13.

Please keep popping in to have a look at what is going on in and around our wonderful school.

All "likes" welcomed!

## School Streets



Reminder that Lewisham School Street Programme "School Streets" is in effect. Fines will be issued for those who enter Brockley Rise from the junction with Stillness Road, without an exemption permit from **Monday to Friday** between the set times of **8.30am to 9.30am** and **2.45pm to 3.45pm**. Please be aware that local residents are able to access during these hours so we should continue to observe road safety. Thank you.

## Attendance

Our Local Authority Attendance Officer is Leigh Rowland who will be monitoring our pupils' attendance.

## Emergency Contact Information

Please make sure that we have your up to date contact details so we can contact you if your child needs you during the school day.

If you change your mobile phone, move house or want to change your child's contact list please email the school office on [admin@stillnessjs.lewisham.sch.uk](mailto:admin@stillnessjs.lewisham.sch.uk)

## SAFEGUARDING

### **Working together to safeguard children.**

Stillness Junior School is committed to safeguarding and promoting the welfare of children and expects all staff and parents/carers to share this commitment.

Safeguarding is a term which is broader than 'child protection' and relates to the action taken to promote the welfare of children and protect them from harm. Safeguarding is everyone's responsibility.

We are fully committed to ensuring that consistent, effective safeguarding procedures are in place to support families, children and staff at school.

### **Safeguarding Leads:**

**Mrs M Nichol - Headteacher**

**Mrs Z Renner-Thomas - Deputy Headteacher**

**Miss P Augustus - Inclusion Lead**

## Mobile Phones



We are a "mobile free" school.

Please be reminded that mobile phones cannot be brought into school for any reason whatsoever. We strongly believe that children are more at risk when they carry and use a mobile phone than it being a deterrent. Our school policy reflects this and it is a rule that we enforce vigorously.

Any mobile phone brought into school will be taken and can only be collected by a parent/carer; repeat offenders will have their mobile phone held in the school office until the end of term.

## Dinner Money

Following Government Guidelines, primary school children will now receive a school dinner free of charge for the academic year 2025/2026.

## Cashless School

To improve the service we provide, we are a cashless school and do not accept cheques or cash as payment.

Payment for school trips etc. can be done online using a very secure website called ParentPay. You all have your individual ID and Password to access this facility.

**Please note: if you wish to change your child from packed lunch to school dinners or vice versa please inform the school office in writing together with any allergies they may have.**

## School Website

We work extremely hard to ensure that our website is up to date. Please take a minute to have a look and catch up with the latest news and holiday dates.

**If you do not wish photographs of your child/ren to be posted on this website, on Instagram, in the school newsletter or in articles that may be published in the press, please notify the school office in writing.**

## July Diary Dates

1.7.26 – Y5 Triathlon

2.7.26 – Arts and Culture Evening

6.7.26 – Y3 End of Year Picnic

7.7.26 – Y5 End of Year Picnic

8.7.26 – Y4 End of Year Picnic

10.7.26 – School reports sent home

13.7.26 – Wellbeing Day

16.7.26 – Last Day of Summer Term

17.7.26 – INSET Day (School closed to children)

Our Best at All Times