



‘Our Best at all Times’

Headteacher: Mrs Mitzi Nichol

7 October 2026

Dear Stillness Families

Be a Harvest Hero: Supporting Lewisham Foodbank

As a school, we are incredibly proud of our strong community spirit and our commitment to helping others. This autumn, once again, we are launching a school-wide initiative to support **Lewisham Foodbank** and help provide food, kindness, and hope to local families facing crisis.

Every single class in our school can make a tangible difference. We are inviting our students to become "**Harvest Heroes**" by bringing in essential items to help stock the foodbank's shelves.

The foodbank has provided a specific list of high-priority items they urgently need. If you can donate, please choose items from the categories below:

Food & Drink

- **Tinned items:** Tinned meat, tinned fish, tinned vegetables, tinned tomatoes, tinned fruit, and baked beans.
- **Pantry staples:** Rice, pasta, pasta sauce, pulses, cereal, cooking oil, and jam/spreads.
- **Drinks:** UHT milk, non-dairy milk, coffee, and hot chocolate.
- **Treats & Extras:** Sweet treats, savoury treats, ketchup, mayo, and tinned rice pudding.

Toiletries & Personal Care

- **Hygiene:** Shower gel, shampoo, soap, deodorant, and shaving gel.
- **Dental care:** Toothbrushes and toothpaste.
- **Household essential:** Loo roll.

Baby & Household Care

- **Baby care:** Nappies and baby wipes.
- **Cleaning:** Laundry pods and washing up liquid.
- **Kitchen essential:** Tin openers (highly requested so families can access their tinned food).

Collection Details

Donations can be brought directly into school by your child and given to their class teacher starting from **Monday, 12 October** until **Wednesday, 21 October 2026**. We will track our progress as a school community and celebrate how much we can achieve when we work together.

Thank you so much for your continued generosity, kindness, and support in teaching our young people the value of community.

Yours sincerely

Miss S Fatania
PSHE Lead

