



Stillness Junior School

Newsletter

October 2026

Our Best at all times

Article 2: (non-discrimination)

The Convention applies to every child without discrimination, whatever their ethnicity, sex, religion, language, abilities or any other status, whatever they think or say, whatever their family background

Dear Stillness Families

On Friday, 18 September 2026 I spoke to the children during whole school assembly about how to recognise when they are at risk and how to get help when they need it. It was important to talk to the children in an open forum so they are very clear of what is acceptable and what is not and, most importantly, who they can speak to.

We talked about the different types of bullying that can exist. It might be a push or simply leaving someone out continuously; this can hurt on the inside and the outside and often both. We also talked about what constitutes neglect, physical or emotional abuse. When a parent or carer does not look after them properly, they are physically hurt or made to feel bad on the inside.

I also explained that they can also write down their thoughts and put their letter into the "Wellbeing Box" situated at the back of the main hall and another one outside the cookery suite. This is a locked box and can only be opened by Mrs Kelly, our Learning Mentor who will then spend some time talking to them. The children can also write and submit via our school website; this can be found under "Pupil Wellbeing Box" under the main heading "Parents". Once submitted this will go directly to our Inclusion Team. Miss Kelly also offers "Learning Mentor Lunchtime Drop-In" session will also continue every Monday from 1pm to 1.30pm with Miss Kelly.

We finished the assembly by reiterating they can talk to any member of staff if they have any worries or concerns. I was extremely proud of the way the children listened and the questions they asked.

Mrs M Nichol
Headteacher

STILLNESS NEWSLETTER

If you wish to contribute to the newsletter, the deadline to submit your articles for the next publication is the penultimate week of every month

Hire our Facilities

We are delighted to offer our facilities for hire during the school holidays and outside normal school hours (5.30pm - 10pm) and facilities within the school, including the sports hall.

Our lettings are open 7 days a week with closures only during bank holidays and extended opening hours during school holidays.

If you are interested in the above, please contact

Kim Kennedy on kim@stillnessjs.lewisham.sch.uk.



Walking Home Alone (Y5/Y6)

We realise that when children reach Y5 and Y6, you may wish to encourage their independence and allow your child to walk home alone, with friends or with older siblings. If this is the case for your child, please complete [this form](#) and submit as soon as possible so we are aware of after school arrangements for the academic year 2026-27.



Administering Medication

Our School's 'Administering Medications' policy permits us to administer certain non-prescription medications - specifically paracetamol (Calpol brand) and antihistamine (Piriton brand), both in liquid form with parental consent. **If you wish to change your consent options for your child in relation to ad-hoc medication ((Calpol and/or antihistamine), please do so in writing to admin@stillnessjs.lewisham.sch.uk.**

Thank you



Our Best at all times



HILLYFIELDERS

PLAY. LEARN. BELONG.

JOIN OUR
BRAND NEW
U9 GIRLS TEAM!

CURRENT YEAR 4 GIRLS
COME AND BE PART OF SOMETHING SPECIAL!

TRAINING:
SATURDAYS
9:30 TO 11AM

VENUE:
HONOR OAK PARK

MATCHES:
SUNDAYS
PLAY FOR TANDRIDGE LEAGUE

MAKE FRIENDS.
BUILD CONFIDENCE.
HAVE FUN!

FOR MORE INFORMATION:
✉ sylviaivillae@gmail.com

HILLYFIELDERS FC – DEVELOPING PLAYERS, BUILDING COMMUNITY

FESTIVAL — OF — THE GIRL

Sat 3 & Sun 4 Oct
Business Design Centre,
Islington London



For 7-11 year old girls & their families
Activities range from: engineering to
sports, aerospace to visual effects,
vaccinations to gaming, mental health to
sustainability, medicine to dancing,
activism to mechanics and much more.



Although aimed at girls everyone is welcome!
Tickets via QR code or website
www.festivalofthegirl.com
SEND & Pay-what-you-can options available



Hi, I am **Orla** and I am the 2026-27 **Ross House Captain**. I enjoy football and play for Hillyfielders U11 Kestrels as well as swimming for Saxon Crown. My favourite lessons are English and Science, though I also like Maths, Art and PE. Some fun facts about me are that I have been a mascot for the London City Lionesses and I have an orange cat called Ginger. Looking forward to representing Ross House.

My name is **Emi** and I am the **House Captain of Grace**. The things that I really enjoy are playing football, hockey, karate and many more things

I will try my best and encourage others to do the same. Make sure everyone is included. I will lead by example, show respect to teachers, classmates and younger students. I will also listen to all your ideas and make everyone's voice be heard.

As House Captain I want to make the school a better place so all pupils will feel safe at school.

Hi, I am **Zack**, I am eleven and I am the **House Captain of Phoenix**. I like football and support Manchester United. I play guitar and I am 88% Irish and I visit my family in Ireland every year.

I have a sister called Zoe who is also at Stillness. I hope to lead Phoenix to great things this year.

Welcome Meetings

It was lovely to see so many of you at our Welcome Meetings in September. All of the information shared at these meetings is now available to view on our school [website](#).



Communication

You can email your child's class teacher direct via their year group email regarding anything class related; this will include homework, school trips, class assemblies and parents' evenings. Teachers will then be able to respond to you directly.

You can email the teachers on:

Y3: y3@stillnessjs.lewisham.sch.uk

Mrs M Chisholm (Year Group Lead)

Miss S Fatania

Mrs Z Renner-Thomas

Y4: y4@stillnessjs.lewisham.sch.uk

Miss M Rooney (Year Group Lead)

Mr T Baxter

Miss I Zelve (ECT)

Y5: y5@stillnessjs.lewisham.sch.uk

Miss A Curtis (Year Group Lead)

Mr C Sloan

Miss M Bourdillon (ECT)

Y6: y6@stillnessjs.lewisham.sch.uk

Mrs L Threadgold (Year Group Lead)

Ms S Beeke

If you have a music query please email music@stillnessjs.lewisham.sch.uk

Parents are still encouraged to email the school office for urgent messages or general enquiries on:

admin@stillnessjs.lewisham.sch.uk

If you have a concern or wish to email the headteacher/leadership team or have a safeguarding concern, please email the school's PA, Kim Kennedy on kim@stillnessjs.lewisham.sch.uk

Thank you.

Headteacher Awards

Emma (Montague) for consistently demonstrating our school values by being kind to others, resilient in the face of challenges, and curious about the world around them.

Lily (Montague) for writing a descriptive narrative; impacting the reader.

Helena (Montague) for writing a narrative flashback full of description and emotive language.

Alex (Bexhill) for being a wonderful member of the Stillness community!

Thomas (Wyleu) for all his hard work completing his homework ...hard work pays off – keep it up!



OPAL

We have been delighted to welcome our new Y3 children into our OPAL environment. It has been wonderful to see how quickly they have adapted to our playtimes. Their resilience, friendships and problem-solving skills are developing every day, and it is fantastic to see them making the most of the opportunities that OPAL provides.

OPAL has made playtime extra special for our children, and we are incredibly grateful to have such wonderful parents supporting our vision.

We have seen some fantastic dens being built using a variety of different materials, and the scooters continue to be a firm favourite with the children!

Over the next few weeks, we will be sending home OPAL Bingo sheets with the children. Please take a look and see if there are any items on the list that you may be able to donate to the school. We are particularly looking for items such as scooters, buggies, large and small piping, fabrics, LEGO, arts and crafts materials, and small-world objects.

Thank you so much for all the generous donations we have received so far. Your support makes such a difference and helps us to continue developing exciting and creative play opportunities for our children.

Ms N Peterkin – Play Coordinator



Clothing Smart Swap

*Free clothes and shoes for kids every Friday
at 3:30pm (weather permitting).*

*If you're having a clear out, please bring any
clean, good quality items to the school office.
I'm also in need of clippy hangers.*

*Any questions, please contact Ela on
07403 572 135.*



Asthma Workshop

We were delighted to welcome parents to our recent asthma workshop hosted by our wonderful asthma nurses from Lewisham.

The session was a great success and provided parents with helpful and practical information on understanding and managing asthma, especially at school. It was a great opportunity for parents to ask questions, share experiences and learn what support is offered within the local community. Thank you to the parents who attended. We hope to make this an annual event.

If you would like further information about your child's asthma diagnosis and how we manage it at school, then please do not hesitate to get in contact with us.

Ms N Peterkin
Medical Lead/Asthma Champion

Pebbles!

We have a quantity of garden pebbles that we no longer need in school, and we would love for them to find a new home rather than go to waste.

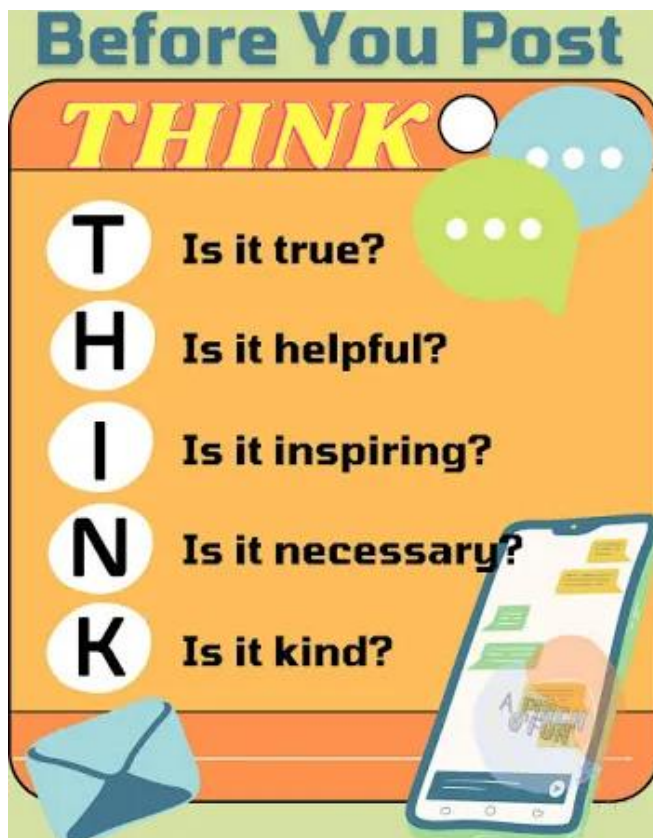
If you are doing any gardening or landscaping at home and could make use of some pebbles, please let us know. They could be great for borders, pathways, plant beds or other garden projects.

If you are interested, please contact the school office on
admin@stillnessjslewisham.sch.uk.
Available on a first-come, first served basis!

Thank you.

Admin Team

Our Best at all times





Instagram



Thank you to everyone who has visited our Instagram site.

Our Instagram continues to go from strength to strength. We have had a large number of follow requests; however, to ensure we keep the account private and only accessible by the Stillness Community, we would be grateful if you would email the main office with your request on admin@stillnessjs.lewisham.sch.uk. We are also receiving requests from children that will not be accepted as this platform is only for children over the age of 13.

Please keep popping in to have a look at what is going on in and around our wonderful school.

All “likes” welcomed!

School Streets



Reminder that Lewisham School Street Programme “School Streets” is in effect. Fines will be issued for those who enter Brockley Rise from the junction with Stillness Road, without an exemption permit from **Monday to Friday** between the set times of **8.30am to 9.30am** and **2.45pm to 3.45pm**. Please be aware that local residents are able to access during these hours so we should continue to observe road safety. Thank you.

Attendance

Our Attendance Officer is Leigh Rowlands who will be monitoring our pupils’ attendance.

SAFEGUARDING

Working together to safeguard children.

Stillness Junior School is committed to safeguarding and promoting the welfare of children and expects all staff and parents/carers to share this commitment.

Safeguarding is a term which is broader than ‘child protection’ and relates to the action taken to promote the welfare of children and protect them from harm. Safeguarding is everyone’s responsibility.

We are fully committed to ensuring that consistent, effective safeguarding procedures are in place to support families, children and staff at school.

Safeguarding Leads:

Mrs M Nichol - Headteacher

Mrs Z Renner-Thomas – Deputy Headteacher

Mrs P Augustus – Inclusion Lead



Mobile Phones

Stillness Junior School is a “mobile free” zone.

Please be reminded that mobile phones cannot be brought into school for any reason whatsoever. We strongly believe that children are more at risk when they carry and use a mobile phone than it being a deterrent. Our school policy reflects this and it is a rule that we enforce vigorously.

Any mobile phone brought into school will be taken and can only be collected by a parent/carers; repeat offenders will have their mobile phone held in the school office until the end of term.

Dinner Money

Following Government Guidelines, primary school children will now receive a school dinner free of charge for the academic year **2026/2027**.

Cashless School

To improve the service we provide, Stillness Junior School is a cashless school and does not accept cheques or cash as payment.

Payment for school trips etc. can be done online using a very secure website called ParentPay. You all have your individual ID and Password to access this facility.

Please note: if you wish to change your child from packed lunch to school dinners or vice versa please inform the school office in writing together with any allergies they may have.

Stillness Junior School Website

We work extremely hard to ensure that our website is up to date. Please take a minute to have a look and catch up with the latest news and holiday dates.

If you do not wish photographs of your child/ren to be posted on this website, on Instagram, in the school newsletter or in articles that may be published in the press, please notify the school office in writing.

October Diary Dates

Please refer to your [Programme of Events](#) and our School Calendar that you can access on the school website.

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